

April

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Pretend to be Pirates looking for treasure,
2	3 Talk Talk about who you want to be when you grow up.	4	Read Read a book about Spring.	6	Count the people who live in your house.	8
9 Easter Sunday	10 Log-Off Play a board game.	11	12	13 Read Read a picture book.	14	15
16	17	18 Log-Off Make a puppet with a paper bag or plate.	19	20	21 Play Put on a puppet show with the puppet you made.	22
23	24	25 Count Count how many hours are in one day,	26	27	28 Talk Make up a story about animals,	29
30						

APRIL HEALTH TIP:

As often as possible have family dinners. Mealtimes spent with family promote better health and well-being. Benefits of family meals include, mood improvement, better digestion, proper weight, and improved brain function, as well as lessened fatigue.



