

LOGAN
ALUMINUM

Tyler

STAN

October

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 READ: "O" is for October! Find as many O's as you can in your pantry.	3	4 TALK: Ask your child about something they are looking forward to this week.	5 COUNT: Go for a walk and as many leaves you can that you see on the ground.	6 LOG-OFF: Carve or paint a pumpkin with your child.	7	8
9 COUNT: Go for a walk and count all of the pumpkins you see.	10 Columbus Day READ: Read a book about Halloween!	11 PLAY: Play Charades!	12	13 TALK: Ask your child what they want to be for Halloween and why.	14	15 PLAY: Play dress-up with your child and have them dress up like you!
16	17	18	19 COUNT: Count all of the corners in your house.	20	21 LOG-OFF: Find a local organization you could volunteer at with your child.	22
23 READ: Read a book about a pumpkin patch!	24 LOG-OFF: Do a dance-along-video from the internet.	25	26	27 TALK: Ask your child about their friends and what they like about being friends with them.	28 PLAY: See who can make the funniest face!	29 COUNT: Count everything in your house that is purple.
30	31 Halloween COUNT: Count your candy!"	HEALTH TIP: Keep your family and community healthy by getting yearly flu vaccinations. To create a painless flu shot experience, prepare your child by explaining the process, bring a familiar toy to ease nerves, ask your child to pick out their favorite bandage to involve them in the process, and have a treat to provide a positive end to the experience.				
						

