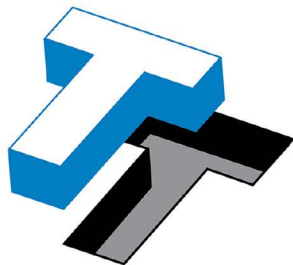


Lilly

Ellie

Trace  
Die  
Cast



# July

# 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 COUNT: Count up in ODD numbers as high as you can go.	2
3	4 Independence Day PLAY: Go out and kick or throw a ball in the yard!	5	6 TALK: Ask your child what their favorite season is and why.	7	8 READ: Create a skit with your child and perform it for a family member.	9
10	11	12 COUNT: Count down from 15 in a silly voice.	13	14 LOG-OFF: Have your child make a card for a family member or friend.	15	16 READ: Go on a walk and read all the street signs you pass.
17	18 PLAY: Do an activity outside that involves water.	19	20	21	22	23 PLAY: Play a matching game with your child.
24 COUNT: Count all the items in your kitchen that are yellow.	25	26 READ: Have your child act out a book as you read it out loud.	27	28 TALK: Discuss the importance of being kind to others with your child.	29	30
31	<p><b>HEALTH TIP:</b></p> <p>Before the new school year starts, create an environment in the home that is conducive to doing homework. Schedule a consistent time for homework to create routine and make sure that homework time is free from distractions.</p>				 <p>GRAVES GILBERT CLINIC</p>	<p><b>LIVE UNITED</b></p>  <p>United Way of Southern Kentucky</p>