

Harper



April

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 READ: Flip through a magazine and have your child point out as many "A's" as they can find.	2
3	4 PLAY: Jump rope!	5 TALK: Talk to your child about confidence and ask them what makes them feel confident.	6	7 TALK: Talk to your child about confidence and ask them what makes them feel confident.	8	9 PLAY: Dress up and make up a skit!
10 TALK: Talk about the importance of having a routine with your child.	11 READ: Ask your child what their favorite book is and have them explain the plot to you.	12	13 COUNT: Teach your child how to sign numbers 1 through 5.	14	15 PLAY: Decorate Easter eggs with your child.	16
17 Easter Sunday PLAY: Hunt for Easter Eggs with your child.	18	19 LOG-OFF: Make a dream catcher with your child.	20	21	22 READ: Cut out letters from a magazine to spell out your child's name.	23 COUNT: Count the number of people you have in your family.
24 READ: Read a book about stormy weather.	25	26 TALK: Talk to your child about how flowers come in the spring when it rains.	27 COUNT: Count up to the age of your child and then count down from that number.	28	29	30 LOG-OFF: Make your own pizzas for dinner!

HEALTH TIP:

Getting enough sleep is critical for a child to be successful in school. Set a consistent bedtime and routine for your child and stick with it every night. A calming bedtime routine may involve a bath or shower, turning off electronic devices, and reading with them.

