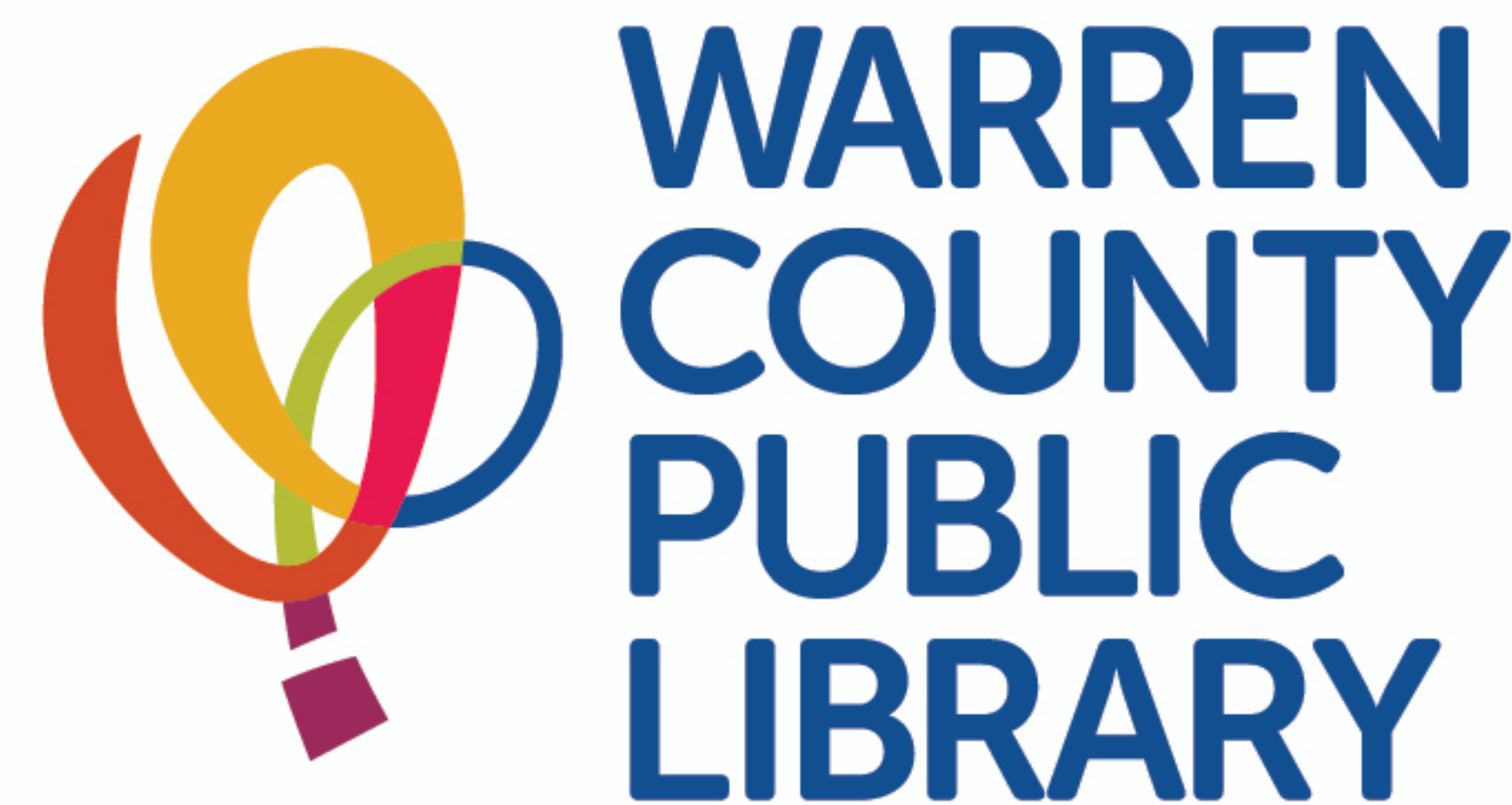


Ellie, 4





# NOVEMBER

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> COUNT: Count up by 3s as high as you can.	<b>2</b>	<b>3</b>	<b>4</b> READ: Read a book about Thanksgiving.	<b>5</b>	<b>6</b> PLAY: Find as many things in your house that are blue.
<b>7</b>	<b>8</b>	<b>9</b> TALK: Talk with your child about what they are thankful for.	<b>10</b>	<b>11</b> COUNT: Count the number of steps from your door to your mailbox.	<b>12</b>	<b>13</b> LOG-OFF: Play in leaves in your yard or in a park!
Daylight Savings Time Ends				Veterans Day		
<b>14</b>	<b>15</b> READ: Circle the letter N in an old book.	<b>16</b>	<b>17</b>	<b>18</b> PLAY: Make a craft with pipe cleaners.	<b>19</b>	<b>20</b>
<b>21</b> PLAY: Dance off!	<b>22</b> LOG-OFF: Talk about your favorite Fall vegetables and cook one of them for dinner!	<b>23</b>	<b>24</b> COUNT: Teach your child how to sign the number 24 in sign language.	<b>25</b> TALK: Talk to your child about emergency plans you have in place and teach them how to dial 911.	<b>26</b>	<b>27</b> PLAY: Do a crazy hairstyle on each other.
<b>28</b>	<b>29</b>	<b>30</b> READ: Teach your child how to read the title of their favorite book.		Thanksgiving Day		

## HEALTH TIP:

Layer up, especially when waiting for the bus! Bitter cold and snow can cause frostbite. Dress your child in several layers, and make sure their head, neck, and hands are covered.



United Way of Southern Kentucky