



Bravery, 5



AUGUST

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 TALK: Ask your child what they are passionate about and why.	3	4	5 COUNT: Name all the different coins and how much their worth.	6 LOG-OFF: Find a local Born Learning Trail and complete the activities.	7
8	9	10 COUNT: Teach your child how to say numbers 1 through 10 in Spanish.	11	12 PLAY: Play frozen statue!	13	14 READ: Find the letter A on things in your cabinets.
15	16	17	18 READ: Turn your child's name into an acronym with positive words about them.	19	20 TALK: Come up with a Knock-Knock joke and try it out on another family member.	21
22 LOG-OFF: Stretch with your child and talk to them about the importance of being active.	23 COUNT: Teach your child how to sign the number 13 in sign language.	24	25	26 READ: Read a book about being a friend.	27 PLAY: Make funny faces at each other and try not to laugh.	28
29	30	31 TALK: Talk to your child about school and ask what they enjoy most about it.				

HEALTH TIP:

Before returning to school, schedule yearly wellness visits for your children to stay up to date on boosters and immunizations recommended for each age. Physicals are also required for sports and extracurricular activities, so consult with your pediatrician to keep your child healthy and involved.

