

2021

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		RIDAY	SATURDAY	
								1	LOG-OFF: April showers bring May flowers! Make flowers out of pipe cleaners.	2	PLAY: Dye or decorate Easter Eggs with your child.		
4	PLAY: Name as many colors as you can find in your pantry. PLAY: Name as you as you as you as your as	5		6	READ: Come up with a poem and read them to each other.	7		8	LOG-OFF: Explain to your child why rainbows come after a rain.	9		10	
	PLAY: Play "finish the song lyric".	12	TALK: Talk with your child about your family tree and draw it out.			14	READ: Make the word "dog" out of playdough, then make a dog out of playdough.			16		17	
18	PLAY: Hide and Seek!	19		20	READ: Have a child act out a book as you read it.	21		22	COUNT: Count how many fruits are in your kitchen.			TALK: Talk child about different so and explain April is in	out the easons ain that
25		26	PLAY: Have a staring contest.	27		28	COUNT: Count the number of windows in your home.			30	LOG-OFF: Go for a walk and play Eye Spy.		
	HEALTH TIE										GRAVES GILBERT	LIVE UNIT United	ED

Getting enough sleep is critical for a child to be successful in school. Set a consistent bedtime and routine for your child and stick with it every night. A calming bedtime routine may involve a bath or shower, turning off electronic devices, and reading with them.



