



VanMeter[™]
INSURANCE
— **HIG** —
HOUCHENS

LUCY, 11



NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 COUNT: Set the dinner table and ask your child to count the number of items. All Saints Day Daylight Savings Time Ends	2	3	4 READ: Read a book and ask your child to act it out as you read.	5	6 PLAY: Play bowling with household items.	7
8	9 LOG-OFF: Sing a song together while you pick up toys.	10 READ: Pick a new book and guess what it is about based off the cover.	11 Veteran's Day	12	13 COUNT: List how many things you are both thankful for and count them.	14
15 READ: Read the comics in the newspaper together.	16	17	18 PLAY: Thumb wrestle with your child.	19	20	21 PLAY: Let your child practice saying sentences with I in them. Example: "I am..."
22 LOG-OFF: Talk with your child about what they would like to do to give back to the community.	23	24 COUNT: Do 20 jumping jacks.	25 LOG-OFF: List all family members and see how many have the letter Z or I in them.	26 Thanksgiving Day	27 PLAY: Learn how to jump rope.	28
29 First Sunday of Advent	30 READ: Ask you child how many sounds are in the word CAT.					



Teaching your children how to use 911 in an emergency is a simple but important lesson. Talk to your kids about what types of things should prompt a 911 call. Help them understand what facts to give 911 operators during an emergency, such as location, the emergency concern and who is involved, and to speak slowly and clearly.