






DEAN, 5

BKD

CPAs & Advisors

JUNE 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LOG-OFF: Kick balls around outside.	2	3 PLAY: Make shadow shapes on the wall using your hands.	4	5 READ: Open a book but have your child make up the story.	6
7 COUNT: Count how many friends names have the letter N in them.	8	9	10 READ: Have your child name the letters on a cereal box.	11	12 PLAY: Search and see how many items you can find that have the letter G sounds in them.	13 LOG-OFF: Have a picnic.
14	15 READ: Help your child write words that start with the letter N.	16	17	18 COUNT: Count how many blocks you can stack on top of each other.	19	20 PLAY: Make sock puppets. <i>First Day of Summer</i>
21 PLAY: Make paper airplanes together. <i>Father's Day</i>	22	23	24 COUNT: Count pennies as high as you can.	25	26 READ: Practice writing the letter H with different colors of washable markers.	27 PLAY: Make music using household items.
28 PLAY: Play dress up by letting your child pick out your outfit.	29	30 LOG-OFF: Visit the public library and look for books that have titles that start with G or H.			 GRAVES GILBERT CLINIC	 LIVE UNITED United Way 

Health Facts

Exercise helps your body become strong and remain healthy. When you exercise, your blood flow increases, which helps your heart and lungs work more efficiently. Exercise can help you think better and feel more relaxed.