





MADELYNN, 5



JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2 READ: J is for January, find things that start with the J sound.	3 COUNT: Practice counting to the number 4.	4
5	6 COUNT: Make the number 4 out of blocks. Count how many blocks you use. Epiphany	7	8 PLAY: Jump Rope	9 READ: Look for the letter J in a magazine. Let your child circle all the J's.	10	11
12	13 COUNT: Count pennies and put them into groups of 5. Martin Luther King Jr. Day	14 LOG-OFF: Let your child fill up the ice trays. Discuss how the water turns to ice.	15 PLAY: Freeze Tag	16 READ: Read a book about snow.	17	18 COUNT: Make the number 5 out of playdough. Make five balls out of playdough.
19 READ: S is for snow, find things that start with the S sound.	20 LOG-OFF: Look for things shaped like a circle.	21	22 COUNT: Trace your child's hand. Count their fingers with them.	23	24	25 PLAY: Still as a Statue
26 LOG-OFF: Discuss what families look like with your child.	27 READ: Practice making the letter S our of playdough.	28 COUNT: Count the people in your family.	29	30 PLAY: See if your child can name all the colors in this calendar.	31 LOG-OFF: Build or draw a snowman family.	



Kids should limit screen time to no more than 2 hours daily. Find fun activities for your family, away from electronics, and designate "screen free" times, such as when getting ready for school or bed, or during meal times.